

RUNE SHEETS (ABC FORMAT)

<u>Rune :</u>			
<u>Transliteration</u>	<u>Name : Meaning</u>	<u>Interpretations</u>	
ᚱ A	Ansuz : A God	Odin, knowledge, wisdom, ancestors, insight, mental stability	
ᚷ B	Berkanan : Birch Goddess	Nature, growth, Freyja, healing, fertility, motherhood, female strength	
ᚨ C / K	Kaunan : Torch	Knowledge, Loki, craft, insight, intellect, teaching, experience, chaos	
ᚱ D	Dagaz : Day	Realization, new horizons, dawn, certainty of another day, enlightenment	
ᚱ E	Ehwaz : Horse	Animal connection, trust, partnership, harmony, teamwork, marriage	
ᚠ F	Fehu : Cattle	Luck, good omens, wealth, financial strength, independence, excess	
ᚷ G	Gebō : Gift	Generosity, gratitude, divine vision, sacrifice, magic, forgiveness	
ᚱ H	Hagalaz : Hail	Harsh past, struggle, change, destructive forces, obstacles, destructive nature, Helheim	
ᚱ I	Isaz : Ice	Stasis, strength, survival, single minded, self-preservation, stubbornness	
ᚷ J	Jera : Harvest	Nature cycles, patience, correct timing, creativity, gradual change	
ᚱ L	Laguz : Lake	Subconscious energy, dreams, imagination, mentality life force	
ᚱ M	Mannaz : Mankind	Mind and memory, structure, evolution, morality, ethics, humanity	
ᚠ N	Naudiz : Need fire	Friction, necessity, urgency, conflicts, force of growth or change	
ᚱ O	Öpala : Homeland	Family, legacy, peace, goddess, ancestral power, ancestors, protection	

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ᚱ P	Perþō : Undiscovered	Norns, fate, luck, games, fate spinning, wyrd, fantasy, good omens
ᚱ R	Raidō : Ride	Movement, travel, internal compass, journey, ordered growth, leadership
ᚱ/ᚱ S	Sōwilō : Sun	Warmth, light, energy, growth, victory, guidance, raw energy, optimism
ᚱ T	Tēwaz : God Tiwaz	God of war, justice, fairness, honour, strength, sacrifice, battle success
ᚱ U	Ūruz : Aurochs	Stubbornness, strength, survival, endurance, vitality, strong life force
ᚱ W	Wunjō : Joy	Luck, harmony, happiness, fellowship, positive human energies
ᚱ Z	Algiz : Elk	Valkyries, strength, protection, spirituality, divinity, warriors
ᚱ ING	Ingwaz : Seed	Creation, growth, nurturing life, new ideas, inner child, stored energy
ᚱ TH	Þurisaz : Giants	Strength, violence, Mjöltnir , psychic aim, struggles, abrasion, Jötunn magic
ᚱ Ì/Æ	Ihwaz : Yew Tree	Yggdrasill, strong foundation, life, eternity, flow of nature energies

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